

**Health and Wellbeing Board
Update on Priorities
January 2016**

Title of Priority: Improving Mental Wellbeing throughout Life

Responsible officers: Duncan Ambrose, Brent CCG and Phil Porter, Brent Council

Key forums: North West London Like Minded Board, Brent Mental Wellbeing Board (BMWV), Mental Health Employment Task and Finish Group; Joint contract performance meeting for secondary MH services.

Summary of objectives

Indicative until the (BMWV) proposes objectives to be agreed by HWBB:

- Integrated commissioning for Mental Health across CCG, Council (including ASC, housing and public health):
 - short term (2016/17) across supported living and preventative services
 - medium term (2017/18) across all services and support
- Ensure crisis and urgent care pathways have adequate connectivity to other partner agencies, particularly the police, probation, and substance misuse services.
- Develop less restrictive, local options for people with a learning disability who have challenging behaviour related to a mental illness.
- Reduce reliance on in-patient mental health services for people who could be safely treated in the community. Build on the recovery pathway for secondary mental health service users delivered with Central North West London in 2015/16, with a focus on better connections from specialist services into the recovery pathway
- Align community and universal services as a route out, and challenge discrimination and stigma in local communities, and support those communities to deliver stable accommodation, stable employment, and stable social networks.
- Continued focus on improving access to employment and housing as a means to support people to be independent
- Improve access to psychological therapies (step 3 interventions) to supplement community-led work to raise awareness (step 1), guided self-help (step 2), and self-referral. Ensure clear links to employment services and community champions are sustained.
- Recognise the vulnerability of people with a mental illness, and ensure support for people with a mental illness keeps them safe.
- Ensure support is available to carers of people with a mental illness.

Progress achieved to date

- Implementation of a recovery focused operating model across Community Mental Health Teams
- Nov 2015 introduction of 24/7 telephone advice line as the single point of access (SPA) for patient enquiries, professional advice, referrals, and bookings; supported by a 24/7 Home Treatment and Rapid Response Team (HTRRT) for community-based mental health assessments.
- From HWBB mandate first of two MH workshops to align and jointly plan for mental wellbeing strategy
- Employment task and finish group set up to lead the implementation of key employment initiatives in 2016 (WLA MH Employment Trailblazer, Big Lottery Individual Placement and Support pilot and Motivational and Psychological Employment Support – over £1m investment in 2016)
- Integrated commissioning and overview of core secondary mental health services.
- Nov 2015 introduction of sustainable model for Liaison Psychiatry in A&E and

physical health acute wards.

- Liaison and Diversion Mental health worker in Wembley police station as part of a Ministry of Justice pilot.

Planned actions for next quarter

- Development of viable model for two-week access to treatment for first episode psychosis.
- MH Employment task and finish group to continue the work to prepare for initiatives (WLA trailblazer first project to go live in April 2016) and ensure full engagement with primary care
- Second MH strategy workshop (18 February) in preparation for first BMWB
- BMWB scheduled for 24 February – Chair Cllr Hirani, Vice Chair, Sarah Basham. Purpose - working to the HWBB, to lead a whole system response to the promotion of adult mental wellbeing
- Based on this strategy and working with the BMWB define the BCF – MH workstream
- Development of viable models of care for street triage, and community alternatives to in-patient care; include of physical health, substance misuse, and social care risk management in care planning.
- Establish operational link between Liaison and Diversion worker, substance misuse services, and the adult mental health urgent care pathway.

Risks and mitigating actions

- 'Giving Every Child the Best Start in Life' includes mental well being for children – we will need to ensure that through the HWBB we do not create gaps and we ensure these two pieces of work are aligned for a lifetime approach to mental well being
- Like Minded health initiative – this is a NWL programme aiming to provide a multi-agency platform for mental health strategy alignment. Initial links have been made to HWBB and individual partners. We need to ensure that we remain focused on the needs of Brent residents and influence and draw on the NWL work where appropriate.